



KINLOCH  
WILDERNESS RETREAT

# Breakfast Menu

8:00AM-11:00AM

## BREAKFAST PLATES

### TWO EGGS ON TOAST 18

*Cooked your way on whole wheat or ciabatta toast*

### TOASTED ORGANIC GRANOLA 18.50

*With seasonal stewed and fresh fruit, yoghurt  
GF - GF Granola*

### HEARTY HIKERS BREAKFAST 31

*Two eggs on toast with polenta hash browns, homemade baked beans & either sausages & bacon or wilted greens & mushrooms  
Vegan - swap eggs for hummus*

### POLENTA PANCAKES 23

*Homemade with organic polenta, served with berries, grilled banana, natural yoghurt & organic apple syrup*

### THREE EGG OMELETTE 28

*Cheese & either bacon or mushrooms, with toast*

### EGGS BENEDICT 21

*Poached eggs on ciabatta toast topped with hollandaise sauce*

### CONTINENTAL BREAKFAST BOARD 26

*Fruit salad and yoghurt, home baked muffin, whole wheat toast, butter, jam & apple or orange juice*

## SIDES

Scotch bacon 9

Breakfast sausage 9

Cold Smoked Stewart Island salmon 14.50

Hash browns - organic polenta 6

Homemade baked beans 7

Wilted greens 6

Avocado half (when in season) 6

Sauteed mushrooms 8

Halloumi 8

Toast and preserves - 2 pieces 10

Supplement for Gluten-free bread 2.5

## KIDS BREAKFAST

*12 and under*

EGG ON TOAST 10

PANCAKES 16

JUICE, MILK OR HOT CHOC 4

## DRINKS

ESPRESSO 5.5

LONG BLACK 5.5

AMERICANO 5.5

FLAT WHITE 6

CAPPUCCINO 6

LATTE 6.5

CHAI LATTE 6.5

DIRTY CHAI 7

MOCHACCINO 7

HOT CHOCOLATE 6.5

TEA (ENGLISH BREAKFAST, 5

EARL GREY, CHAMOMILE,

PEPPERMINT, GREEN)

OAT, SOY, ALMOND MILK 1

COCONUT MILK 2

LARGE SIZE 1

EXTRA SHOT 1

DECAF 1

BENJER JUICES 6

(ORANGE, APPLE, APPLE &

BOYSENBERRY, OR APRICOT)

Please advise us of any dietary requirements or allergies.

Please note that there will be a 20% surcharge on public holidays