



KINLOCH
WILDERNESS RETREAT

Breakfast Menu

8:00AM-10:00AM

BREAKFAST PLATES

TWO EGGS ON TOAST 18

Cooked your way on whole wheat or ciabatta toast

TOASTED ORGANIC GRANOLA 18.5

*With seasonal stewed and fresh fruit, yoghurt
GF - GF Granola*

HEARTY HIKERS BREAKFAST 31

*Two eggs on toast with polenta hash browns, homemade baked beans & either sausages & bacon or wilted greens & mushrooms
Vegan - swap eggs for hummus*

POLENTA PANCAKES 23

Homemade with organic polenta, served with berries, grilled banana, natural yoghurt & organic apple syrup

THREE EGG OMELETTE 28

Cheese & either bacon or mushrooms, with toast

EGGS BENEDICT 21

Poached eggs on ciabatta toast topped with hollandaise sauce

CONTINENTAL BREAKFAST BOARD 26

Fruit salad and yoghurt, home baked muffin, whole wheat toast, butter, jam & apple or orange juice

SIDES

Scotch bacon 9

Breakfast sausage 9

Cold Smoked Stewart Island salmon 14.5

Hash browns - organic polenta 6

Homemade baked beans 7

Wilted greens 6

Avocado half (*when in season*) 6

Sauteed mushrooms 8

Halloumi 8

Toast and preserves - 2 pieces 9

Supplement for Gluten-free bread 2.5

KIDS BREAKFAST

12 and under

EGG ON TOAST 10

PANCAKES 16

JUICE, MILK OR HOT CHOC 4

DRINKS

ESPRESSO 5.5

LONG BLACK 5.5

AMERICANO 5.5

FLAT WHITE 6

CAPPUCCINO 6

LATTE 6.5

CHAI LATTE 6.5

DIRTY CHAI 7

MOCHACCINO 7

HOT CHOCOLATE 6.5

TEA (*ENGLISH BREAKFAST,*

EARL GREY, CHAMOMILE,

PEPPERMINT, GREEN) 5

OAT, SOY, ALMOND MILK 1

LARGE SIZE 1

EXTRA SHOT 1

DECAF 1

BENJER JUICES 6

(*ORANGE, APPLE, APPLE & BOYSENBERRY, OR APRICOT*)

Please advise us of any dietary requirements or allergies.

Please note that there will be a 10% surcharge on public holidays