

# Breakfast Menu



THE FERNERY | BREAKFAST MENU | 8:00AM - 10:00AM

## BREAKFAST PLATES

TWO EGGS ON TOAST 18

cooked your way on wholewheat or ciabatta toast

contains: egg, gluten, soy, wheat

THREE EGG OMELETTE 28

cheese AND either bacon or mushrooms

contains: egg, gluten, milk, sesame, soy, wheat

TOASTED ORGANIC GRANOLA 19.5

GF granola, with seasonal stewed and fresh fruit, yoghurt

contains: almonds, milk in yoghurt

POLENTA PANCAKES 23

homemade with organic polenta, served with seasonal fruit, grilled banana, natural yoghurt & organic apple syrup

contains: egg, gluten, milk, wheat

ORGANIC PORRIDGE 18

lightly salted using celtic sea salt, with ghee roasted sultanas, grated apple, cinnamon, apple syrup AND either coconut cream or cream

contains: gluten (oats), milk in cream

HEARTY HIKERS BREAKFAST 31

wholewheat or ciabatta toast with polenta hash browns & homemade baked beans PLUS your choice of the following options

MEAT | eggs, bacon & sausages

VEGGIE | eggs, greens & mushrooms

VEGAN | hummus, greens & mushrooms

contains: egg, gluten, sesame, soy, wheat

EGGS HOLLANDAISE 21

two poached eggs on ciabatta toast topped with hollandaise sauce

BENEDICT | with champagne ham 25

FLORENTINE | with greens 25

ROYALE | with Akaroa smoked salmon 36

contains: egg, gluten, soy, wheat

## SIDES

BACON contains: soy 9

BREAKFAST SAUSAGE 9

AKAROA COLD SMOKED SALMON 20

POLENTA HASH BROWNS 6

HOMEMADE BAKED BEANS 7

WILTED GREENS 6

AVOCADO HALF (SEASONAL) 6

SAUTEED MUSHROOMS 8

HALLOUMI contains: milk 8

FRUIT SALAD 7

YOGHURT & CINNAMON 5

TOAST & PRESERVES (2 PIECES) 10

contains: gluten, sesame, soy, wheat

SWAP FOR GLUTEN FREE BREAD 2.5

contains: egg, sesame

## KIDS BREAKFAST [12 and under]

EGG ON TOAST 10

contains: egg, gluten, soy, wheat

PANCAKES 16

contains: egg, gluten, milk, wheat

JUICE, MILK OR 4

HOT CHOCOLATE

[ please advise us of any dietary requirements or allergies | please note a 10% surcharge on public holidays ]